

# School Wellness Policy Building Annual Progress Report

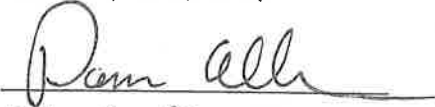
**School Name:** Imperial County Probation Dept. **Wellness Contact Name/E-mail:** Pam Allen/ pamallen@co.imperial.ca.us

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language (add more lines for goals as needed and change goal titles based on local policy language)	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<b>Nutrition Education and Promotion Goals</b>					
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.	X			Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2.					
3.					
4.					
<b>Physical Education and Physical Activity Goals</b>					
1. Exercise and Fitness education is provided to all students in an effort to establish lifelong habits that promote physical health.	X			Exercise and the body's response is explored through lessons on muscle strength and endurance as well as the role of the lungs and the heart in overall physical health.	Include additional lessons that explore the benefits of exercise and ways in which physical health can be maintained.
2.					
3.					
4.					
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. POSTERS		x		Working on Posters w/	
2.				Nutrition Guidelines	
3.				For all foods available to students	
4.					

<b>Other School Based Activities Goals</b>					
<b>Integrating Physical Activity into the Classroom Settings</b>					
1. GARDENING	X			Gardening activities are provided for students on a weekly basis. Some of the activities include: Tilling of soil, Making compost, Planting, Watering, Installation of watering system, Weeding, and Cultivation.	
2.					
3.					
4.					
<b>Communication with Parents</b>					
1.PARENTS VISITING	X			Available JH Wellness Policy	
2. ICJH Resources Website information	X			And IC JH Wellness pamphlet	<a href="http://www.co.imperial.ca.us/Probation/web%20jh%20pages/wellness%20policy.pdf">www.co.imperial.ca.us/Probation/web%20jh%20pages/wellness policy.pdf</a>
3.					
4.					
<b>Food Marketing in School</b>					
1. Garden Vegetables	x				
<b>Staff Wellness</b>					
Eloy Verdugo , Facility Manager Juvenile Hall					
Pam Allen, Food Service Supervisor Juvenile Hall					
Gerardo Lara, Teacher					
Pablo Cerda, Program Manager BJMRH					

Revised (11/14/2018)



Kitchen Supervisor, ICJH



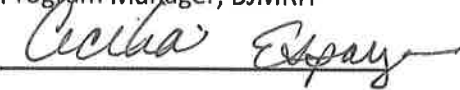
Teacher, ICOE



Facility Manager, ICJH



Program Manager, BJMRH



Social Worker, BJMRH