



2023 Wellness Policy Report Imperial County



Our Wellness Goals



We met these goals:

Facility is committed to ensuring that the physical health needs of all students is met. The Facility will support students' physical by ensuring.



We are still working on these:

- ✘ Include goals for Nutrition education that are design to promote student wellness.
- ✘ Nutrition Ed teaches skills, that are behavior focused. Interactive/ participation.
- ✘ Address strategies to support employee wellness

District Wellness Committee

Actively recruiting!

- ✓ Meets Quarterley about school health & safety
- ✓ Led by Pam Allen Food Service Supervisor
- ✓ Designates a Class Teacher official to ensure that schools use the wellness policy

Current members include: *teachers, administrators, food services representatives, other facility staff, County Health Staff,*



Our District Wellness Policies

☰ The Facility and Class will promote healthy food and beverages for all students while at the Facility and will encourage participation in the meal programs



- ☑ Policy Exceeds minimum requirements for Final Rule
- ☑ Includes Whole School, Whole Community, Whole Child(WSCC) language with focus on:
- ☑ Social Emotional Learning, Health Services, Employee Wellness, Community Involvement

Planning, Tracking, & Sharing

